



Kids World Learning Center Menu

Date	Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Breakfast	1% Milk Fresh Sliced Apple Kix's Cereal	1% Milk Assorted Fruit Chunks Toasted English Muffin w/Grape Jelly	1% Milk Kiwi Assorted Mini Wheat Muffin	1% Milk Sliced Pears Toasted Wheat Bread Strawberry Jelly	1% Milk Sliced Peaches Whole Grain Bagels Cream Cheese
	Lunch	Milk Popcorn Chicken Veg-Tossed Salad Fruit-Mixed Fruit Grain-Steamed Rice	Milk Beef Taco Veg- Pinto Beans Fruit- Cantaloupe Grain-WW Tortilla	Milk Fish Nuggets Veg-Carrots Fruit-Apple Slices Grain-Lemon Dino's	Milk Meatloaf w/Gravy Veg-Mixed Veggies Fruit-Honeydew Grain-Breadsticks	Milk Bean & Cheese Burrito Veg-Tossed Salad Fruit- Apple Grain-Included in Entree
	Snack	1% Milk Whole Grain Crackers	100% Apple Juice String Cheese Sticks	1% Milk Rice Crackers	100% Grape Juice Fresh Cucumbers	Whole Grain Crackers Fresh Oranges
Week 2	Breakfast	1% Milk Fresh Banana Mini Pancakes With Maple Syrup	1% Milk Fruit Cocktail Toasted Buttermilk Waffle	1% Milk Mandarin Oranges Bowl of General Mills Cheerios Cereal	1%Milk Pineapple Chunks Brown Sugar Cooked Oatmeal	1%Milk Fresh Green Grapes Whole Grain Bagels With Cream Cheese
	Lunch	Milk Cheeseburger Veg-Pork and Beans Fruit-Peaches Grain-WW Hamburger Bun	Milk Domino's Pizza Veg- Carrots Fruit- Fresh Fruit Grain- Included in Entree	Milk Warm Fettuccini Chicken Alfredo Veg- Mixed Veggies Fruit- Mandarin Oranges Grain-Bread Stick	Milk Fried Steak W/Gravy Veg- Whip Potatoes Fruit- Fresh Fruit Grain- Wheat Roll	Milk Chicken Nuggets Veg- Tossed Salad Fruit-Oranges Grain-Croutons
	Snack	Whole Grain Crackers Fresh Grapes	Orange Juice Plain Yogurt	1% Milk Chex	100% Apple Juice Fresh Carrots	1% Milk Hard Pretzels
Week 3	Breakfast	1% Milk Fresh Oranges Toasted Wheat Bread Cinnamon Sugar	1% Milk Blueberries Toasted Raisin Bread With Cream Cheese	1% Milk Strawberries French Toast Sticks With Maple Syrup	1% Milk Tropical Fruit Blend Mini Wheats	1 % Milk Sliced Peaches Toasted Waffles
	Lunch	Milk Domino's Pizza Veg-Carrots Fruit-Pineapple Grain-Included in Entree	Milk Frito Pie/ Grain WW tortillas Veg- Corn Fruit-Mandarin Oranges Grain-Included	Milk Warm Ravioli Veg-Broccoli Fruit- Mixed Fruit Grain-Sports Bites	Milk Bow Tie Lasagna Veg- Green Beans Fruit-Applesauce Grain-Garlic Breadsticks	Milk Crispy Chicken Sandwich Veg-Baked Beans Fruit -Peaches Hamburger Bun

	Snack	1% Milk Rice Crackers	100% Grape Juice Fresh Cucumber	1% Milk Club Crackers	Orange Juice Chex	Whole Grain Crackers Fresh Grapes
Week 1	Breakfast	1% Milk Fresh Banana Slices Chex Cereal	1% Milk Assorted Fruit Chunks Toasted English Muffin With Grape Jelly	1% Milk Kiwi Assorted Mini wheat Muffins	1% Milk Sliced Pears Whole Wheat Toast Cinnamon Sugar	1% Milk Sliced Peaches Whole Wheat Bagels w/Cream Cheese
	Lunch	Milk Pulled Pork w/BBQ Veg- Tossed Salad Fruit- Peaches Hamburger Bun	Milk Soft Chicken Taco Cheese/Lettuce/Tomat o Pinto Beans Fruit-Oranges Grain- WW Tortilla	Milk Salisbury Steak Veg-Whip Potatoes Fruit-Orange Grain-Wheat Biscuit Brown Gravy	Milk Domino's Pizza Veg-Carrots Fruit- Fresh Fruit Grain-Included	Milk Crispy Chicken Sticks Veg- Broccoli Fruit-Mandarin Oranges Grain- Wheat Roll
	Snack	1% Milk Whole Grain Crackers	Apple Juice String Cheese Sticks	1% Milk Club Crackers	100% Grape Juice Pretzel Sticks	Whole Grain Crackers Fresh Oranges
Week 2	Breakfast	1% Milk Fresh Apple Slices Mini Pancakes w/Syrup	1% Milk Fruit Cocktail Whole Wheat Waffles	1% Milk Mandarin Oranges Whole Grain Cheerios Cereal	1% Milk Pineapple Chunks Brown Sugar Cooked Oatmeal	1% Milk Green Grapes Bagel Thins With Cream Cheese
	Lunch	Milk Beef Stew Veg- Included Fruit-Apple Grain-Wheat Roll	Milk Sloppy Joe Veg-Carrots Fruit- Melon Grain-Hamburger Bun	Milk Chicken Fajitas Veg-Pinto Beans Fruit-Peaches Grain-WW Tortilla	Milk Gordita Veg-Corn Fruit-Mixed Fruit Grain- Included	Milk Meatballs w/Gravy Veg-Tossed Salad Fruit-Mandarin Orange Grain-Wheat Roll
	Snack	1% Milk Rice Crackers	100% Orange Juice Plain Yogurt	1% Milk Chex	100% Apple Juice Club Crackers	1% Milk Goldfish Crackers
Week 3	Breakfast	1% Milk Fresh Oranges Slices Toasted Wheat Bread Cinnamon Sugar	1% Milk Blueberries Whole Grain Raisin Bread With Cream Cheese	1% Milk Sliced Strawberries French Toast Sticks With Maple Syrup	1% Milk Tropical Fruit Blend Mini Wheats	1% Milk Sliced Peaches Toasted Wheat waffles
	Lunch	Milk Domino's Pizza Veg- Tossed Salad Fruit-Fresh Fruit Grain-Croutons	Milk Spaghetti W/Meat Sauce Veg-Carrots Fruit-Melon Grain-Garlic Bread	Milk Chicken Nuggets Veg-Celery Fruit-Apple Grain-Wheat Roll	Milk Frito Pie Veg- Mexicali Corn Fruit-Fresh Fruit Grain-WW Tortilla	Milk Beef Enchiladas W/Red Chili Veg- Pinto Beans Fruit-Apples Grain-Included
	Snack	1% Milk Whole Grain Crackers	100% Grape Juice Fresh Carrots	1% Milk Rice Crackers	100% Orange Juice Chex	Club Crackers Fresh Oranges

